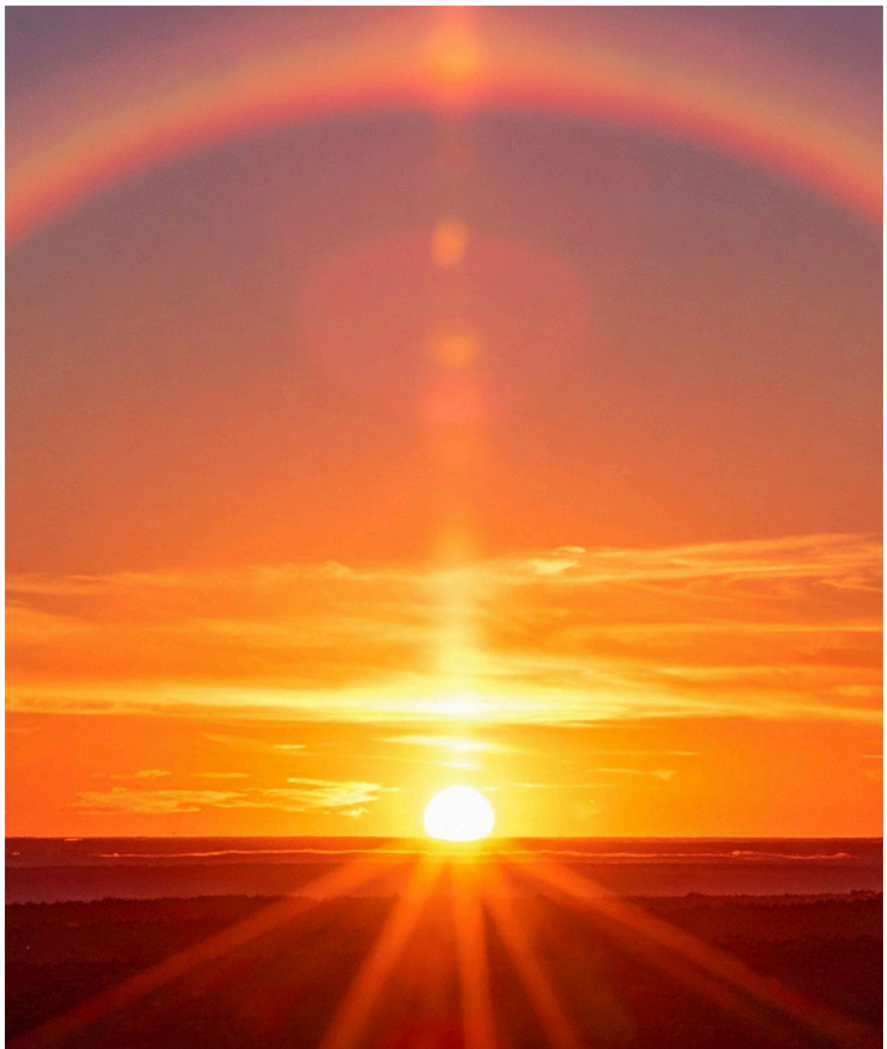


ASTROLOGY HUB *presents*



ARIES EQUINOX *challenge*

WORKBOOK

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WELCOME

*Well, hello my friend! I am so happy you're here. Welcome to the **Aries Equinox Challenge**, a free guided journey through one of the four great solar thresholds of the year.*

This booklet is designed to be your companion as we move through five simple but powerful challenges.

Together, we will clear space for the new, ignite your body, and create the forward momentum needed to align with the truest aspects of yourself.



THE POWER OF THE THRESHOLD

Twice a year at the equinoxes, day and night come into near-perfect balance across the globe. These moments are **Sacred Gateways in Time** that invite us to pause, reflect, realign, and begin again.

The Aries Equinox specifically marks the start of a new astrological year. It is a moment of ignition, initiation, and fresh possibility. While the December and June solstices invite us into quiet reflection and inner alignment, the equinox is about dynamic balance—it is a constant dance of subtle adjustments.

By stepping through this doorway with intention, you aren't just drifting into the next season; you are catching the wind in your sails.



ARIES EQUINOX *challenge*

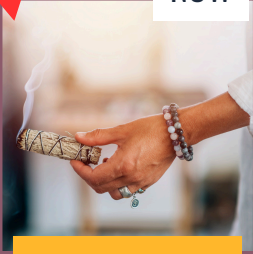
ROADMAP



CLICK ON THE CHALLENGE
TO SKIP TO IT! 

START
HERE

NOW



CHALLENGE #1:
CLEAR YOUR SPACE



MARCH 20

CHALLENGE #2:
IGNITE YOUR BODY



MARCH 27

CHALLENGE #3:
COMPOST WHAT'S
COMPLETE

APRIL 3



CHALLENGE #4:

REGULATE

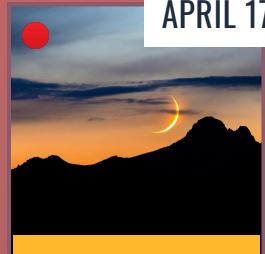
APRIL 7



LIVE EVENT:

TREASURE MAPPING
STORIES

APRIL 17



**CHALLENGE #5 +
LIVE EVENT**

ARIES NEW MOON CEREMONY
+ TREASURE MAPS



ARIES EQUINOX *challenge*

HERE'S HOW IT WORKS

THE STEP BY STEP

Beginning **March 20**, you'll receive **a short weekly video (15–20 minutes)**, guiding you through one focused challenge.

Each step is simple, doable, and thoughtfully structured, so you'll always know exactly what to do and why it matters.

Week by week, you'll gently build momentum as we clear space, ignite vitality, restore balance, regulate your system, and finally **create your Treasure Map**.

Along the way, you'll have access to our private community group and be invited to **2 live events: a check-in mid-challenge on April 7, and the Aries New Moon Ceremony on April 17**.

You do not need to know astrology to participate.

This experience is designed to be practical, accessible, and supportive, whether you're brand new or deeply immersed in astrological study.

Those who complete the challenge will be entered to win some amazing prizes!



HOW TO EARN PRIZES

Each week, you'll have the opportunity to earn **raffle entries by completing that week's challenge and submitting your progress** through a simple form.

You'll submit one form per challenge (five in total), so each step you complete increases your chances to win.

And don't worry if you miss a week. You're still eligible for prizes just by participating! But the more challenges you complete, the more entries you earn... and the better your chances become.

✨ WANT TO BOOST YOUR ODDS EVEN MORE?

You can earn **BONUS entries** by sharing your experience in **the community group** and connecting with others on the journey. Every step you take counts. Every action builds momentum. And every entry brings you closer to winning.



**CHALLENGE
TRACKER**

**COMMUNITY
GROUP**

ARIES EQUINOX *challenge*

IMPORTANT DATES

CHALLENGE SCHEDULE:

*You'll get an email on these dates with
the weekly challenge videos:*

CHALLENGE 2: IGNITE - March 20

CHALLENGE 3: COMPOST - March 27

CHALLENGE 4: REGULATE - April 3

CHALLENGE 5: TREASURE MAPS - April 17

LIVE EVENTS:

You're invited to these live events:

LIVE Treasure Mapping Stories: April 7 at
12pm ET / 3pm ET

LIVE Aries New Moon Ceremony: April 17
at 1pm PT / 4pm ET

ADD TO CALENDAR

JOIN ON ZOOM



CHALLENGE 1

Clear

The Invitation: Honor the energy of Pisces before we step into the action of Aries

The Task: Clear your physical space—your home, car, office, or even your digital inbox. The goal isn't just "tidying"; it's about creating coherence.

[WATCH VIDEO](#)

[SUBMIT YOUR PROGRESS](#)

CHALLENGE 1

Checklist



Identify Clutter: Identify areas with distracting debris and visual noise. Take a “before” photo.



Clear Space: Organize the identified space. When complete, take an “after” photo.



Declaration of Readiness: Each area that you sort is a signal to the universe: “This is who I am now”.



Submit Challenge: Submit your before & after photos via a form. Post in the community group for bonus entries.



CHALLENGE 2

Ignite

The Invitation: Channel the spark of life itself through intentional movement.

The Task: Commit to at least 20 minutes of intentional movement, six out of seven days each week, between now and the Aries New Moon.

[WATCH VIDEO](#)

[SUBMIT YOUR PROGRESS](#)

CHALLENGE 2 TRACKER

MARCH-APRIL 2026

Use the space below to mark the days where you participated in 20-minutes of intentional movement.

DOWNLOAD
PRINTER FRIENDLY
VERSION



FRI
20

SAT
21

SUN
22

MON
23

TUE
24

ARIES
EQUINOX



WED
25

THU
26

FRI
27

SAT
28

SUN
29

MON
30

TUE
31

WED
1

THU
2

FRI
3

SAT
4

SUN
5

MON
6

TUE
7

WED
8

THU
9

FRI
10

SAT
11

SUN
12

MON
13

TUE
14

WED
15

THU
16

FRI
17

ARIES NEW
MOON



CHALLENGE 2

Checklist



Practice Intentional movement: The challenge is to move 6 out of 7 days per week. If you are already active, add a "spark"—a short sprint, hills, or 1,000 extra steps.



Choose Joy: Whether it's walking (a personal favorite for clarity!), dancing, lifting weights, or yoga, choose what makes you feel enthusiastic.



Submit Your Challenge: Enter the total number of days you completed movement in the form. Earn bonus entries by posting a photo of yourself in motion in the community group.



CHALLENGE 3

Compost

The Invitation: Use every experience as fuel for your future.

The Task: Take a look at the challenges, setbacks, or "failures" of the past astrological year. Instead of pushing them away, we are going to transform them.

[WATCH VIDEO](#)

[SUBMIT YOUR PROGRESS](#)

CHALLENGE 3

Checklist



Identify the Dead Weight: What are you carrying that feels heavy or stagnant?



Alchemize Your Experience: Write down three difficult experiences from last year. Next to each, write one "nutrient" or lesson you gained from it.



Fuel the Fire: Realize that these experiences aren't obstacles; they are the high-octane fuel for the vision you're about to create.



Submit Your Challenge: Upload a photo of your compost or ritual space to the form. Earn bonus entries by sharing your experience in the community group.



CHALLENGE 4

Regulate

The Invitation: Find the dynamic balance between the spark and the stillness.

The Task: Practice "Dynamic Balance". We aren't looking for a static destination, but a constant dance of subtle adjustments.

[WATCH VIDEO](#)

[SUBMIT YOUR PROGRESS](#)

CHALLENGE 2 TRACKER

Regulate

Use the space below to mark the days where you participated in a regulation practice, what activity you did, and how you felt after.

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VERSION



| Monday | Tuesday |
|--------|---------|
| | |

| Wednesday | Thursday |
|-----------|----------|
| | |

Regulation Practice Menu

(Check the ones you tried this week)

- Bilateral Drawing
- Slow Nasal Breathing
- Gratitude Practice
- Humming or chanting
- Gentle Stretching
- Time in Nature
- Lying flat and grounding
- Hand-on-heart breathing
- Bodywork or massage
- Other,...

| Friday | Saturday | Sunday |
|--------|----------|--------|
| | | |



CHALLENGE 4

Checklist



Regulate: I practiced at least one regulation technique daily & tracked my practiced



Embodiment Check: I noticed how my body responded before and after the practice.



Submit Your Challenge: I submitted the challenge form with the number of days I did my regulation practices.



CHALLENGE 5

Create

The Invitation: Boldly bring your unique vision into the world.

The Task: Create your Treasure Map. This is a vision board created at an astrologically potent moment—the Aries New Moon—designed to carry your intentions forward.

WATCH VIDEO

SUBMIT YOUR PROGRESS

ARIES EQUINOX *challenge*

TREASURE MAP GUIDE



WHAT IS A TREASURE MAP?

Treasure maps are essentially vision boards, but they are astrologically timed and infused with intention in a very specific way. Unlike a standard vision board you might make any day of the year, this map is created at an astrologically potent moment to carry your intentions forward into the year ahead.

Things to remember...

The Physical Representation:

Use images, words, and symbols that represent the "natal promise" of your life.

Infuse with Intention: This isn't just a craft project; it's a sacred gateway. As you place each item on your map, feel the "Aries Spark" of life within it.

Declaration of the New Year:

Your map is a physical signal of your readiness to step through the doorway "awake" and catch the wind in your sails.





A BALANCED MAP

To ensure your vision is as balanced as the Equinox itself, we use a specific template often referred to as the Bagua. This grid helps you organize your intentions into nine key areas of life:

1. **Prosperity & Abundance**
2. **Fame & Reputation (How you shine in the world!)**
3. **Love & Relationships**

4. **Family & Community**
5. **Health & Center (The heart of your map)**
6. **Creativity & Children**
7. **Knowledge & Wisdom**
8. **Career & Life Path**
9. **Helpful People & Travel**

By placing your images and words within this structure, you aren't just "wishing"—you are creating a coherent, multi-dimensional declaration of who you are becoming.

THE BAGUA STRUCTURE

SHARE YOUR MAP

DOWNLOAD
PRINTER
FRIENDLY
VERSION



WEALTH &
PROSPERITY

FAME &
REPUTATION

RELATIONSHIPS

FAMILY

HEALTH

CHILDREN &
CREATIVITY

KNOWLEDGE

CAREER

TRAVEL & HELPFUL
PEOPLE