

Complete & Release

January 2025 Insights

Insights (*noun*) – Your list of items - light, confidence, and clarity to complete your tasks and dissolve your fears.

ENERGY

As you stepped out of your time machine, could you feel the shift of energy in the Land of Enchantment? The magical energy gives you a sense of peace and possibility.

Lesson – It's important to be present and feel the energy of your surroundings.

GUIDES

Merlin and Clio are teaching you to trust in your inner wisdom and the magic within you. The light from Merlin represents your inner strength, and your ability to overcome any challenges. With Clio's music, you feel your fears dissolve.

Lesson – See yourself easily completing your tasks and moving forward with purpose and joy.

MINDSET

In this magical land, you are reminded of your own power and the endless possibilities that lie ahead.

Lesson – Remember, you carry with you the light of confidence and the music of your heart.



My Insights Journal

Journal your experiences for this month below.

ENERGY

GUIDES

MINDSET

